

**OUR**

c e n t e r



BUILD. CONNECT. STRENGTHEN.

# **The Our Center Prevention Coalition of Northern Nevada**

# **WELCOME TO OUR CENTER,**

## **Northern Nevada's LGBTQ+ Community Center.**

Our mission is to maintain a safe, empowering, and supportive center for the LGBTQ+ community and allies that addresses advocacy, education, and services. We seek to build, connect, and strengthen the LGBTQ+ community through community building, arts and culture programming, and inclusive activities.

# What is a Prevention Coalition?

A collaborative group of organizations, community members, and stakeholders working together to address specific public health issues and promote wellness. These coalitions focus on preventing problems such as substance abuse, suicide, and disability through education, awareness, and proactive strategies.

- Collaborate with other organizations to develop effective prevention strategies.
- Help shape policies and programs that directly impact our LGBTQ+ population and youth.
- Share resources and best practices to strengthen our collective efforts.
- Participate in outreach and educational events that promote healthier lifestyles.

# Did you know...?

Minority stress, explicit and implicit victimization, and lack of support increase risk factors for LGBTQ+ youth. LGBTQ+ youth are at an estimated 190% higher risk for trying drugs or alcohol. According to the CDC, based on extensive research of LGBTQ+ youth on a national level:

- Over half (56%) of LGBTQ+ youth reported using alcohol in the past year
- Over one-third (36%) of LGBTQ+ youth reported using cannabis in the past year
- About 11% of LGBTQ+ youth reported using prescription drugs not prescribed to them over the past year
- 11% of LGBTQ+ youth reported regular (daily or weekly) use of alcohol or cannabis

# So, what about Nevada?

According to the Nevada Department of Health and Human Services, the following data was collected on the general youth population, and while the data is not targeted for LGBTQ+ youth specifically, the number of individuals between the ages of 12 and 18 years old is startling:

- **Cannabis Use:** Approximately 28.3% of individuals aged 12 and older in Nevada reported using cannabis in the past year.
- **Prescription Drug Misuse:** Around 4.2% of individuals aged 12 and older reported misusing prescription pain relievers in the past year.
- **Opioid Misuse:** About 4.0% of individuals aged 12 and older reported opioid misuse in the past year.
- **Methamphetamine Use:** Approximately 2.2% of individuals aged 12 and older reported using methamphetamine in the past year

# Strategic Prevention Framework - SPF



Strategic Prevention Framework (SPF) is a dynamic, data-driven planning process that prevention practitioners can use to understand and more effectively address the substance abuse and related mental health problems facing their communities.

# What can coalition members do?

As a member of the Our Center Prevention Coalition of Northern Nevada we can:

**Represent the LGBTQ+ Community:** They bring the voice and perspective of different sectors within the community.

**Champion and Ambassador:** They serve as champions and ambassadors for the coalition's prevention strategies.

**Inclusive Workspace:** They foster an inclusive and supportive workspace for the coalition.

**Develop and Implement Plans:** They participate in the development, implementation, and evaluation of the coalition's prevention plans.

**Support Sustainability:** They connect coalition strategies to resources and promote policy or environmental changes that benefit the community.

**Continuous Learning:** They continue to learn and understand evidence-based prevention strategies.

**Attend Meetings:** They attend coalition meetings to review progress, work through challenges, and celebrate successes.

**Facilitate Access:** They facilitate access to community resources, leaders, data sets, subject matter experts, or funding.

**Communicate and Contribute:** They communicate information about the coalition to their networks and contribute their knowledge and skills.

**Disseminate important prevention information and educational materials provided by Our Center to our community**

**Connect our community with the resources and programs held at Our Center**

**Pledge support and allyship to our LGBTQ+ community, and help foster resiliency through connection and empowerment**

# Some additional info

## The Six Elements of Effective Coalitions

The Prevention Technology Transfer Center Network developed. 'The Six Elements of Effective Coalitions' webpage provides the prevention field tools to use within their own coalitions to train on the 6 elements

The webpage includes downloadable recorded webinars on each of the 6 elements, downloadable slide decks for use, and other resources.



<https://pttcnetwork.org/the-six-elements-of-effective-coalitions/>

Our Center thanks you for your time and interest in joining the Our Center Prevention Coalition of Northern Nevada..

**Let's Chat!**