



REDUCING ALCOHOL USE AMONG LGBTQIA+ YOUTH

STATISTICS

LGBTQ+ youth are at higher risk for polysubstance use—oftentimes coping with mental health disorders such as depression, anxiety, trauma, and more. The Trevor Project's 2021 National Survey on LGBTQ Youth Mental Health suggests that regular polysubstance use was associated with greater odds of reported suicide attempts among LGBTQ+ youth.

PROGRAMS

Our Center focuses prevention efforts in LGBTQ-centered clubs. We offer LGBTQ+ inclusive curriculum through Sources of Strength and our Partnership for Success grant's programs. Request our team by contacting Stacey@OurCenterReno.org and Jennifer@OurCenterReno.org.

RESOURCES

Information on support groups and counseling services can be found at ourcenterreno.org. Queer Student Union (QSU) HighSchool Club Tuesdays 5pm, Middle School Trans Support Group Wednesdays 5:30pm, High School Trans Support Group Thursdays at 4pm.



ADDRESSING PRESCRIPTION DRUG MISUSE IN LGBTQIA+ YOUTH

FOCUS AREAS

Education on dangers of opioid and stimulant misuse.

INITIATIVES

We operate within a national framework for prevention and expand our reach through the Partnership for Success Grant, by the Nevada State Department of Health and Human Services, Division of Public and Behavioral Health. This enhances our ability to engage with schools, law enforcement, healthcare providers, and other key sectors.

SUPPORT

Information on support groups and counseling services can be found at ourcenterreno.org. Queer Student Union (QSU) High School Club Tuesdays 5pm, Middle School Trans Support Group Wednesdays 5:30pm, High School Trans Support Group Thursdays at 4pm.



PREVENTING CANNABIS USE AMONG LGBTQIA+ YOUTH

RISKS

LGBTQ+ young people face higher risks of cannabis use, often due to stress, discrimination, or lack of supportive environments which can increase odds of reported suicide attempts and mental health disorders such as depression, anxiety, trauma, and more among LGBTQ+ youth.

EDUCATIONAL EFFORTS

Our Center is available to support LGBTQ+ youth in prevention education, mental health, and allyship. In rural Nevada, we provide digital and mailed materials to ensure LGBTQ+ youth have access to the support they deserve. Together, we are creating a future where every LGBTQ+ young person can thrive.

COLLABORATIONS

Partnerships with organizations like Johnny's Ambassadors for resource sharing.



COMBATING NICOTINE ADDICTION IN LGBTQIA+ YOUTH

STATISTICS

According to research conducted in 2021 by the Truth Initiative research team, more LGBT+ youth have ever used e-cigarettes (49% vs. 39%) and currently use e-cigarettes (18% vs. 13%) compared to their non-LGBTQ+ peers.

PROGRAMS

Teens and young adults can text “DITCHVAPE” to 88709 to get help quitting: A free, anonymous, and 24/7 science-backed support texting program from Truth to help young people quit vaping.

RESOURCES

Access to cessation programs and support
groups.nnph.orgourcenterreno.org Ex Program: DITCHVAPE.

Go to groups.nnph.orgourcenterreno.org for more information.



OPIOID MISUSE PREVENTION STRATEGIES FOR LGBTQIA+ YOUTH

CHALLENGES

LGBTQ+ youth experience higher rates of harassment, violence, polysubstance use, suicidality, and mental health challenges.

INITIATIVES

Our Center provides fentanyl and xylazine testing strips, Naloxone, and essential hygiene and nutrition items. Through the Northern Nevada Public Health department, Our Center is the host site for free and confidential STI/HIV testing at Our Center every Thursday from 1-5 PM. Testing is by appointment only, to make an appointment call 775-328-2470 to schedule.

SUPPORT SERVICES

Safe disposal programs such as Change Point provide sterile syringes, free HIV and Hep C testing, safer sex supplies, and harm reduction counseling specifically for people who inject nonprescription drugs or hormones. Call Change Point at (775) 786-4673.



CONTACT & RESOURCES

CONTACT OUR CENTER

Address: 1745 S Wells Ave, Reno, NV 89502

Phone: (775) 624-3720

Email: center@ourcenterreno.org

Website: OurCenterReno.org

ADDITIONAL RESOURCES

Crisis Support Services of Nevada: 1-800-273-8255

Trevor Project: 1-866-488-7386

Trans Lifeline: 1-877-565-8860

Nevada 211: Call 2-1-1 for various support services.



MEMBERSHIP INFORMATION

BENEFITS

Networking: Connect with like-minded individuals and organizations.

Resources: Access to exclusive materials and training sessions.

Impact: Contribute to meaningful change in the community.

HOW TO JOIN

We welcome new partners who share our commitment to prevention. Whether you're an educator, healthcare provider, law enforcement officer, or community leader, you can help us spread the message and create lasting change. Coalition members do not provide funding—instead, they help share information, promote prevention efforts, and engage the community in meaningful ways. To join our coalition contact Stacey or Jennifer at Stacey@OurCenterReno.org or Jennifer@OurCenterReno.org.

This packet aims to provide comprehensive information on Our Center's prevention efforts, emphasizing the importance of tailored approaches for LGBTQIA+ youth. For further details or to request physical copies, please contact Our Center directly.



Empowering LGBTQIA+ Youth: Substance Use Prevention Initiatives

*A Comprehensive
Approach by Our Center
Prevention Coalition*

rev. July 15, 2025



PROGRAM OVERVIEW

Our coalition focuses on four key areas of impact, driven by the goals of the Partnership for Success Grant. Through partnerships and programs like Sources of Strength, we provide resources, training, and outreach to ensure prevention efforts reach the youth who need them most.



OUR MISSION

To maintain a safe, empowering, and supportive center for the LGBTQ+ community and allies that addresses advocacy, education, and services.



OUR CENTER

1745 S WELLS AVE.
RENO, NV 89502



CONTACT US

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